

## SCHOOL HEALTH SERVICES

School Nursing, a specialized practice of nursing, protects and promotes student health, facilitates optimal development, and advances academic success. School nurses, grounded in ethical and evidence-based practice, are the leaders who bridge health care and education, provide care coordination, advocate for quality student-centered care, and collaborate to design systems that allow individuals and communities to develop their full potential.

National Association of School Nurses, 2017

### **REQUIRED PHYSICAL EXAMS, SCREENINGS, AND IMMUNIZATIONS**

The Needham Public Schools require documentation of a current physical examination, vision screening, lead testing, TB risk assessment, and immunizations per the regulations of the Massachusetts Department of Public Health, at the following intervals:

- Entry to Needham Public Schools at any level
- Grades Pre-K, K, 4, 7 and 10
- Annually prior to participation in athletics

Every child in Massachusetts should have access to a primary health care provider. Massachusetts offers free or low-cost health and dental insurance for school-age children. For more information, call your school nurse.

## SCHOOL HEALTH SERVICES STAFF

Alan Stern, M.D.  
School Physician

Barbara Singer MSN, RN, NCSN  
Director of School Health Services  
Phone: 781-455-0416 x 55382  
Fax: 781-453-5607

**Needham High School**  
Lisa Austin MS, RN, NCSN  
Livia Rizzo, BSN, RN  
Jackie Kiley MS, RN  
781-455-0800 x 22137, 22138, 22139

**Pollard Middle School**  
Rosemary Leone BSN, RN, NCSN  
Debra Brennan, BSN, RN  
781-455-0480 x33238

**High Rock School**  
Dana Sullivan, BSN, RN,  
781-455-0455 x 44601

**Broadmeadow Elementary School**  
MaryBeth Arigo MSN, RN  
781-455-0448 x 51309

**Eliot Elementary School**  
Titilayo Westover, BSN, RN  
781-455-0452 x 52111

**Sunira Williams Elementary School**  
Debbie Greiff, M.Ed, BSN, RN  
781-455-0461 x 53228

**Mitchell Elementary School**  
Sheila Eisenstadt, MSW, BSN, BA, RN  
781-455-0466 x 54042

**Newman Preschool and Elementary School**  
Jessica Casserly BSN, RN,  
Nancy Solari, MSN, RN  
781-455-0416 x 55379, 55138

# NEEDHAM

## PUBLIC SCHOOLS

## HEALTH SERVICES

**Equity** e-kwa-te noun

**Just fair** access inclusion participation;

the practice of **nurturing**

a learning environment in which ALL children are empowered to

**GROW** create **ACHIEVE;**

**FREEDOM FROM BIAS AND DISCRIMINATION;**

**ON DIVERSITY/AND/INDIVIDUALITY; EACH**

student possesses personal gifts and attributes; and brings these to the classroom which strengthen learning for all;

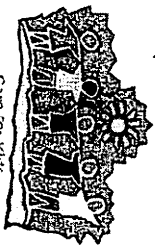
**A PROCESS BY WHICH WE**

**ensure justice**  
**ENGENDER RESPECT**

inspire hope

The mission of

School Health Services is to support the academic achievement of the children and adolescents of the Needham Public Schools.



## THE SCHOOL NURSE PROVIDES THE FOLLOWING HEALTH SERVICES

- Individualized health care planning and case management for students with special health care needs
- Health and wellness promotion
- Illness and injury prevention, assessment, and intervention
- Medication administration and nursing procedures
- Communicable disease prevention and control
- Mandated health screenings:
  - Hearing and vision
  - Postural
  - Height, Weight and BMI
  - SBIRT
- Environmental health and safety
- Access to health care services and insurance
- Management of confidential student health records
- Emergency preparedness and medical response
- Communication and collaboration with students, parents/guardians, the school faculty/staff, and community health care providers

### PLEASE CONTACT THE SCHOOL NURSE WHEN:

- There's a new medical diagnosis or change in your child's physical, behavioral, or emotional health status including:
  - A new allergy
  - A newly prescribed medication or a change in dose of a current medication
  - A serious injury, illness, condition requiring emergency treatment, hospitalization, or surgery
  - A head injury or concussion
  - An injury requiring sutures, casting, splints, or mobility assistance of crutches or wheelchair
  - Contagious conditions such as, chicken pox, flu, strep throat, whooping cough, pneumonia, conjunctivitis, or head lice
- Your child is absent for >3 days due to physical illness, injury, or mental health condition
- There's a transitional change in your family or traumatic event that may affect your child

### YOUR CHILD MUST STAY HOME FROM SCHOOL WITH:

- Diagnosis of a communicable disease
- Fever greater than 100°F within the last 24 hours and without medication
- Vomiting/diarrhea within the last 24 hours; students should be able to consume and tolerate their "typical" diet before returning to school
- Acute pain that requires relief by narcotic medications
- An upper respiratory illness with persistent coughing and/or unmanageable nasal discharge
- An undiagnosed rash

### MEDICATION POLICY

The Needham Public Schools Medication Policy complies with the regulations of the Massachusetts Department of Public Health.

- Health Services requests that medication be administered by a parent/guardian before and after school hours, if possible.
- The school nurse is responsible for medication administered to students.
- All medications, prescriptions and over-the-counter medications, require documentation of an order by a licensed prescriber and consent by parent/guardian
- **ALL Medications must be delivered by the parent/guardian or designated adult, to the School Nurse in a pharmacy or manufacturer's labeled medication container**
- Medications are not accepted in pill boxes, envelopes, or plastic bags
- Students are not permitted to bring medication to school except for those medications that they are approved to carry and self administer.
- New medication orders are required at the start of each school year.
- All medication orders expire at the end of each school year and medications must be picked up by a parent/guardian by time of dismissal at the close of the school year.
- **All medications that are not picked up by dismissal at the end of school year will be destroyed.**

#### **For more information:**

Please visit the Health Services link on the Needham Public Schools' website at [www.needham.k12.ma.us](http://www.needham.k12.ma.us).